

**Week 6A**

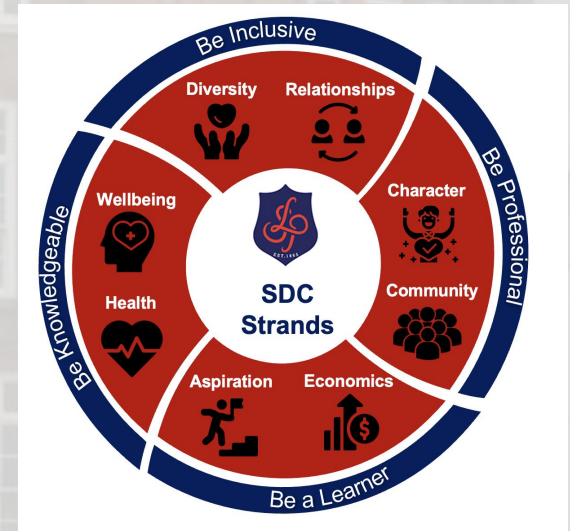
**Week Beginning 20.05.24**

## Assembly Theme:

Student Development Curriculum – Mr Ahmed  
Be Inclusive

## SDC Calendar – Upcoming Events:

- ✓ Raising and Giving Week – 20<sup>th</sup> May 2024
- ✓ Safety Questionnaire Deadline – 24<sup>th</sup> May 2024
- ✓ Extended Tutorial – 24<sup>th</sup> May 2024



Follow us on Twitter for updates:  
[@langdon\\_park](https://twitter.com/langdon_park)



# The LPS Way - 4 BEs



## Be Professional

*To be proud of myself and my school and strive to be my best self at all time .*



## Be Inclusive

*To value and be respectful to everyone in the school community*



## Be A Learner

*To commit to always trying your best, being resilient and working hard.*



## Be Knowledgeable

*I will take opportunities to try new things, participate and work without supervision.*



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**INCLUSIVE**

**A LEARNER**

**KNOWLEDGEABLE**



Mental Health  
Awareness Week  
13-17 May 2024



# Paying it forward

Smile at a stranger

Pay a friend a compliment

Call or text a friend

Make someone a cup of tea

Support your favourite charity

Volunteer to help someone

Make a handmade gift

Leave a positive review for a local business

Pick up some litter

The simplest way to define “pay it forward” is that when someone does something for you, instead of paying that person back directly, you pass it on to another person instead.

## Poster and Poetry competition

~\*My Mental Health Poems\*~  
 Take care of yourself,  
 Take care of your Health.  
 Run out, walk out, don't sit inside.  
 Wash your hands, Stay safe!  
 Keep positive thoughts and every day play.  
 Cook your family dinner, bake a delicious cake.  
 Do some exercise, don't be afraid.  
 Do some art, play some darts.  
 Do a funny dance, imagine you're in France.  
 Read a book, take care of your looks.  
 You are not alone.  
 Chin up, smile happily and keep going.  
 Lockdown will be over soon,  
 To see your teachers and friends and you'll be  
 shining over the moon.

By Anna Sobecha



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A hand holding a pen is visible on the left side of the image. A metal paperclip is at the top center. A quill pen is in an inkwell on the right side. The background is a collage of torn paper, lined paper, and brown cardboard.

If you enjoy writing and drawing  
join our

# Magazine club

**EVERY WEDNESDAY AT LUNCH TIME**

**IN NET1**



# PE Interform



The PE would like to confirm that interform will be happening this half term, dates below:

- Monday 20th May: Y7/Y8 Boys Football / Girls Netball
- Thursday 23rd May: Y9/Y10 Boys Football / Girls Netball.

Team sheets will be sent to form tutors via email, tutors will until the **17th May** to complete.





# Sport Fixture Successes



## Year 10 vs Bow School

A huge well done to the year 10 football teams who took on Bow School last Thursday. Mr Kofi said you played really well and should be really proud of the performance.

## Girls Borough Athletics Competitions

A huge well done to the all of the girls who took part in last weeks borough athletics competition. The girls did amazing and finished 3<sup>rd</sup> overall best in the borough!!!



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# LUNCHTIME PRAYER TIMETABLE

ALL STUDENTS AND STAFF ARE WELCOME

	OPENS	JAMM'AH	LOCATION
MON	13:00	13:15	ASSEMBLY HALL
TUES	13:00	13:15	ASSEMBLY HALL
WED	13:00	13:15	ASSEMBLY HALL
THUR	13:00	13:15	ASSEMBLY HALL
FRI	12:45	13:05	SPORTS HALL

\*Jumm'ah locations may vary due whole schools exams.  
Please ask a member of staff for further updates

**Please ensure your bags and coats are neatly tidy to avoid to much clutter**

**Ensure NO fire door exits are blocked.**

**You are responsible for your own belongings.**



# Achievement



**Celebrating the form classes that have achieved the most achievement points last week. Well done to you all. Lets keep It up 😊**

## **Year 7**

7N – 189 Achievement Points

## **Year 8**

8A – 108 Achievement Points

## **Year 9**

9N – 74 Achievement Points



## **Year 10**

10P – 95 Achievement Points

## **Year 11**

11G – N/A

## **KS5**

12N – N/A

13P – N/A

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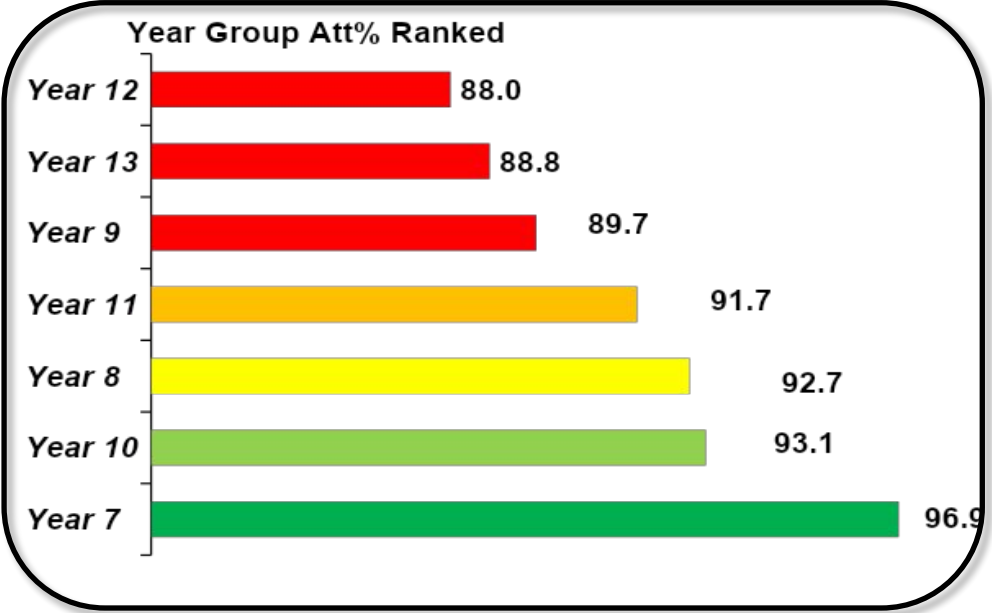
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# Attendance



## Overall Attendance

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# Anti- Bullying Campaign



**STAND UP!  
SPEAK OUT!  
STAY SAFE!**

*Be inclusive.. to value and be respectful to everyone in the school community and beyond.*



**S** SAY something:  
We all have a responsibility to report any incidents of bullying

**T** TREAT others as you wish to be treated:  
Fairly, with dignity and without discrimination

**A** APPROPRIATE use of language:  
At all times, especially when referring to someone's race/religion/ability/ gender/sexuality.

**N** NEVER turn a blind eye:  
Pledge to be an up-stander against bullying behaviour by supporting your fellow students.

**D** DIVERSITY is key:  
We embrace diversity and encourage difference here at Langdon Park we believe everyone should feel comfortable with who they are

**U** USE of social networks:  
Be positive and appropriate online, we do not tolerate cyberbullying.

**P** PRIVACY must be respected:  
We do not interfere with others belongings, we do not spread rumours, and we do not reveal secrets or personal information with the intent of causing harm or upset to others.



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# Anti- Bullying Campaign



<https://www.youtube.com/watch?v=xgyCKvETuHl>

! Bullying and sexual and sexist behaviours overlap and it is possible that behaviours can be sexual bullying, sexist bullying and sexual harassment. For example, sexual bullying taking place may also be a sign that there is heightened risk of harmful sexual behaviour, sexual exploitation and/or sexual violence.



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# What is sexual bullying?



- Abusive, sexualised name calling and insults. This includes using homophobic language and insults towards others
- Spreading rumours of a sexual nature online or in person
- Unwelcome looks and comments about someone's appearance or looks, either face to face or behind their backs
- Inappropriate and uninvited touching without consent
- Pressuring someone to do something they do not want to do, using emotional blackmail such as 'you would do this if you loved me' or comparing previous encounters to make someone feel obliged to do something sexual
- Upskirting - where someone takes a picture under a person's clothing without their permission. It is now a specific criminal offence in England and Wales
- Pressuring someone to send nudes and using emotional blackmail, for example threatening to end a relationship if they don't send an image or video
- Sending the image to others without consent is a form of sexual bullying too and depending on age, illegal too

! How can sexual harassment, sexism and bullying turn into something more sinister and violent?



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# Student ambassador led drop-ins



**What:** Wellbeing drop in clinic

**Where:** Spotlight Games room

**When:** Every **Monday, Tuesday and Thursday**  
lunchtimes

**(12.45-1.15pm)**

**The room is now OPEN.**

**Designated Safeguard Lead (DSL) Ms Morrison**

**Deputy designated Safeguard Lead (DDSL) Ms Lily Begum based in Inclusion office.**

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Professional...Inclusive...A Learner...Knowledgeable

# LPS Student Bulletin

**Week 6A**

**Week Beginning 20.05.24**

***Have a great  
week!***

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